

ABSTRACT OF THE DISCLOSURE

A method for guiding a user to select a dose of insulin, including the steps of calculating a first specific dose of insulin by applying information provided by the user to an insulin dose calculation algorithm, wherein such information includes at least the user's current blood glucose level and the user's desired blood glucose level, calculating at least a second specific dose of insulin that is different from the first specific dose, and presenting to the user a range of doses comprising at least two of the specific doses.